



## Joint Construction of Narratives in the Psychoanalytic Setting

### The Role of Shifting Perspective

by Eszter Berán and Unoka Zsolt

#### DESCRIPTION:

Self-narratives of the client serve as a starting point in verbally oriented psychotherapies. Therapeutic work involves the reconstruction of the clients' self-narratives, with both client and therapist taking an active role: the therapist helping to elaborate and transform various aspects of the client's story by asking questions and offering interpretations etc. The therapist's involvement in constructing the client's self-narratives results in what is considered a joint construction of narratives. This book shows how such narrative interaction contributes to psychotherapy process by analyzing perspective shifts of speakers during the joint construction of narratives, using a novel discourse-based model of narrative perspective. Gathering empirical data from psychoanalytic psychotherapy over a number of years, the book also examines the analyst's role in transforming narratives by facilitating the client's perspective shifts.

>Joint Construction of Narratives in the Psychoanalytic Setting</strong> will be of benefit to scholars of narrative discourse, clinical practitioners, and to students of both narrative and psychotherapy.

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